

**MAC**  
Maintaining Active Citizens  
*Your Area Agency on Aging*

October 13, 2016

MCE MA. Del Socorro Rangel Torres, Dean  
Tampico School of Nursing  
Autonomous University of Tamaulipas, Mexico

Dear Dean Torres:

Thank you very much for the invitation to speak at the X Nursing International Conference, to be held November 25 and 26.

I look forward to sharing information about efforts in the United States around the training of health educators to be effective advocates and how the Stanford University's evidence-based Chronic Disease Self-Management Programs are an important part of self-advocacy.

In addition, I'd like to share some of the exciting work we are doing in the State of Maryland to improve the health of our residents.

I look forward to attending this exciting event and learning from the other presenters and attendees.

Sincerely,



Sue Lachenmayr, MPH, CHES  
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